



Herbal Tea Recipes



LAVENDER + BLUE MALLOW + PEPPERMINT

Cure a hangover

PEPPERMINT + LINDEN

Relieve headache pain

CHAMOMILE + PEPPERMINT + JASMINE

Relieve stomach ache pain

CHRYSANTHEMUM BUDS + EASTER LILY

Clear the liver and the eyes

CHAMOMILE + LEMON VERBENA

Regulate constipation

ROSEMARY + PINK ROSE

Stimulate breast growth

LEMON VERBENA + LEMON GRASS + ROSEMARY

Slim down lower body, have a diuretic effect, break down fats

BLOSSOM ROSE + PEPPERMINT + CHAMOMILE

Whitening, Slimming

BLUE MALLOW + LAVENDER + CHAMOMILE

Beautify skin, remove freckles, get rid of bad breath

PEACH FLOWER + DRIED LEMON SLICE + EASTER LILY

Clearance, reduce body heat

BLOSSOM ROSE + ROSELLE + PEACH FLOWER

Clearance, remove freckles

WHITE CHRYSANTHEMUM + HONEY SUCKLE FLOWER + JASMINE

Reduce body heat

LOTUS BALL + ROSELLE + GOLDEN ROSE

Slim down lower body, improve blood circulation

ROSE HIPS + CHAMOMILE

Relieve stress, beautify skin, whitening, clearance

PEONY + PURPLE ROSE + PEACH FLOWER

Beautify skin, whitening, remove freckles

ROSE HIPS + GLOBE AMARANTH

Ease insomnia, relieve eye strain

BLUE MALLOW + CALENDULA

Relax

LINDEN + LAVENDER

Relax, ease insomnia

MYOSOTIS SYLVATICA + HONEY

Beautify skin, increase metabolism

HAWTHORN FRUIT + ORANGE PEEL + RED ROSE

Improve digestion, reduce body heat